



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**The Y.
For a better us.
For a better community.**



**2015 ANNUAL REPORT
YMCA OF HONOLULU**

Leadership Report

Aloha,

The Y. For a Better Us. For a Better Community. This simple phrase sums up all of the efforts and goals which the Y and our entire Y family have been striving towards over the last year. More importantly, it holds the underlying belief that we—all of us together—are the community.

When we help one, we help all. When one of us is made whole, the whole is made better. The Y is there to meet the needs of each individual with the support, resources and programs he or she needs to become their best self.

As a community, we face unprecedented challenges: Disparity in academic achievement among children, erosion in social-emotional development leading to negative youth behaviors, social isolation and challenges to our kupuna's health and well-being, and high rates of chronic disease and obesity among all ages. In addition, homelessness, including families and children, is increasing despite our best efforts.

While the Y can't solve all of our critical issues, we have certainly made strides in addressing many of them on different levels. You'll read about these in our Annual Report, such as "Come with Me!", one of our signature Early Learning Programs for low-income children ages 3 – 5.

For teens who are facing the challenges of substance abuse, our YMCA school-based Adolescent Substance Abuse Treatment Program offered onsite at 12 middle schools and 11 high schools helps youth to stop their substance abuse, address the problems related to their use, and live a healthy and sober lifestyle.

Chronic diseases are the number one cause of death, disability and health care costs. The Y believes in chronic disease prevention and is committed to providing evidence-based programming to those who are at risk or living with chronic diseases such as obesity, Parkinson's Disease and—new this year—arthritis.

We just completed the second year of a three-year Harry and Jeanette Weinberg Foundation grant that allows us to offer low-income seniors a free Y membership. These seniors have benefitted dramatically both physically and in their mental outlook.

Children and families who are homeless continue to be a heartbreaking crisis for our community. At the Y, we have provided financial assistance for some of these children to attend our school break and summer programs. At our Nu'uanu YMCA, we have provided free swim lessons along with swimsuits, goggles and rash guards for children living in transitional shelters. And each Saturday, Atherton Y college students mentor these children - providing them healthy snacks and encouragement to dream and pursue a better future.

Although these efforts may be modest against the enormous issue of our homeless population, the impact on each child and family we help is dramatic. Like all of our programs and initiatives, we believe we are transforming the community, one child, one teen, one kupuna and family at a time—for a better us; for a better community.

Mahalo,

Mike Broderick

Michael Broderick
President and CEO



Lance Wilhelm

Lance Wilhelm
Chair, Metropolitan Board



Strengthening Community is our Cause



YOUTH DEVELOPMENT

Inspiring kids to reach their greatest potential.

We know the future of our community depends on the success of our children. Unfortunately, not all children have what they need to thrive. That's why we inspire kids and teens to achieve their personal best academically, socially, emotionally and physically. Our enriching programs develop lifelong skills, promote academic success and build self-reliance.

HEALTHY LIVING

Supporting individuals in their journey to become their best selves.

Hawaii, like the rest of the nation, is struggling with the rise of diabetes, stroke, heart disease, cancer and other health challenges. The Y is dedicated to helping people understand their risks, and we provide the support they need to prevent chronic disease, improve mobility and maintain healthy habits in their everyday lives.

SOCIAL RESPONSIBILITY

Ensuring access so everyone has an opportunity to succeed and belong.

For our communities to succeed everyone must be given the opportunity to be healthy, confident, connected and secure. We provide a welcoming network of support, where everyone can find the encouragement and tools they need to be successful regardless of age, ethnicity, ability or income. Thanks to our generous donors, we take on the most urgent needs in our community, bringing our cause to the people and communities that need us most.



Building Strength in



This year, 1,341 middle and high school students successfully completed their substance abuse treatment programs.

COME...WITH ME!

Children ages three to five in low income communities without access to preschool are brought together with their caregivers for free early learning programs provided by the YMCA of Honolulu to ensure they start kindergarten ready to learn.



In 2015, 125 children and their caregivers were served in sites at Kuhio Park Terrace, Kaewai Elementary School, St. Elizabeth Church, and the Nu'uuanu Y.

SUBSTANCE ABUSE TREATMENT PROGRAMS

YMCA counselors based in 23 middle and high schools, guide Oahu teens out of substance abuse and into healthier lifestyles and more promising futures.

YOUTH & GOVERNMENT

Learning through experiencing, teens advocate for causes they care about—creating their own student government and writing and debating bills that better their community. Funding from the Ward Village Foundation and the Daniel K. Inouye Memorial Fund of the Hawaii Community Foundation keeps the program affordable and provides financial assistance for those in need.



Eighty middle and high school students participated in the 64th YMCA Youth and Government legislative session where they drafted 35 bills and finished their legislature session passing 16 laws.

Y COLLEGE CAMP

High School students from underserved communities are supported by staff and mentors and encouraged to graduate and pursue higher education at a free week long program at the Atherton Y. 90% of last year's College Campers will be starting their first year of college!

Sixty-eight high school students attended one of two free YMCA College Camps this summer made possible by the generous funding support of AT&T. Additionally, college scholarships were awarded by the Takitani Foundation.



our Community in 2015



The EnhanceFitness® arthritis management program was launched this Fall. The 16-week program helps adults living with arthritis to become more active, energized and empowered to sustain independent lives.



Silver 60, now in its second year of funding from the Harry and Jeanette Weinberg Foundation, provided 102 low income seniors with a free Y membership. Results? 100% felt stronger, had more energy, and felt their outlook on life had improved!

CHILDHOOD OBESITY

Eighty-six children successfully completed the N.E.W. Keiki program, a comprehensive program for severely obese youth the Y launched in partnership with Kapiolani Medical Center for Women and Children in 2012. The program includes one-on-one and group fitness training and an eight-week nutrition, cooking, and exercise education program that the youth attends with his or her family.

CHRONIC DISEASE

Specialized evidence-based Y programs combine fitness, nutrition and support to offer hope to those combating diabetes, obesity, arthritis, Parkinson's Disease and other chronic diseases.

WATER SAFETY FOR ALL

Generous donations from Atlas Insurance, Island Insurance, ABC Stores and the Waipahu Community Foundation kept 670 youth safe through our Y SPLASH (Swim, Play and Learn Aquatic Safety Habits) program. The program brings in youth from low socio-economic areas to learn water safety and swimming skills.

KUPUNA PROGRAMS

Special fitness classes, social events, health and safety classes designed just for our active older adults keep our Kupuna happy, healthy and engaged!

KEIKI OUTREACH PROGRAM

Atherton Y students, inspired to give back to disadvantaged youth, have teamed up with Nu'uauu Y swim instructors to offer free swim lessons followed by mentoring programs in nutrition, science and outdoor activities with children who are homeless or living in shelters.

Building an "exploding" volcano and learning how to make healthy snacks were among the many activities Atherton Y college students and children, who are living in transitional shelters engaged in.



The youth are provided with free swimsuits, goggles and rash guards. Many of the youth, whose parents cannot afford swim lessons, had never been in a pool until the SPLASH program.





Our Family Lifeline – The Y.

Kukana’s oldest son, was just 3 years old, when he was diagnosed with cancer. Devastated, but determined, Kukana and her husband Zach sold everything they owned to pursue treatment for their son. Although the treatment was successful, Kukana spent the next 11 years focused on the health of her son—neglecting her own in the process.

“I had 4 other children, but all of our attention was on my son. I was the heaviest I had ever been.” Kukana’s mother, a long-time member of the Windward Y suggested Kukana join the Y.

“My decision to join the Windward YMCA not only put my ohana on a life-changing path to health, but inspired me to make positive changes in my life.” Kukana lost 80 pounds, earned her bachelor’s degree in social work, and became involved in community service work. Zach was in the best shape in his life and they loved working out together as a family.

Then, they hit a rough patch. Her fourth son required a special learning program and Kukana had to home school him. Unable to work, Kukana’s family struggled to make ends meet. In deciding where to cut back, the worse possible thought crossed her mind—she may have to cancel their YMCA membership.

Kukana reached out to the staff and proposed she teach a boxing class to make some extra money. However, it still wasn’t enough. And then she was offered financial assistance.



“I started to cry,” recalls Kukana. “It was an amazing gift and I was filled with gratitude.”

“Mahalo! Your donations have helped my family continue on our path to our happiest and healthiest selves.”



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Camp Erdman: A Place of Healing



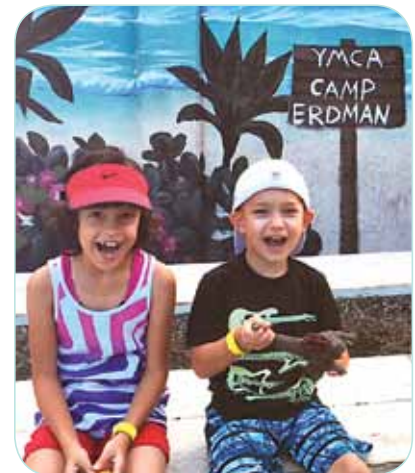
The thought of camping never appealed to Erica but her family's excitement was contagious. Erica, her husband Max, and their two children, six-year-old Makayla and four-year-old Logan had been offered financial assistance to spend a weekend at Camp Erdman. Eric loved camp as a kid and wanted his children to have the same opportunity.

Singing silly songs around the campfire. Leaving technology behind to connect with nature. Gazing at the stars and the moon. The kids chasing crabs in the sand. Laughter. Smiles. Genuine happiness.

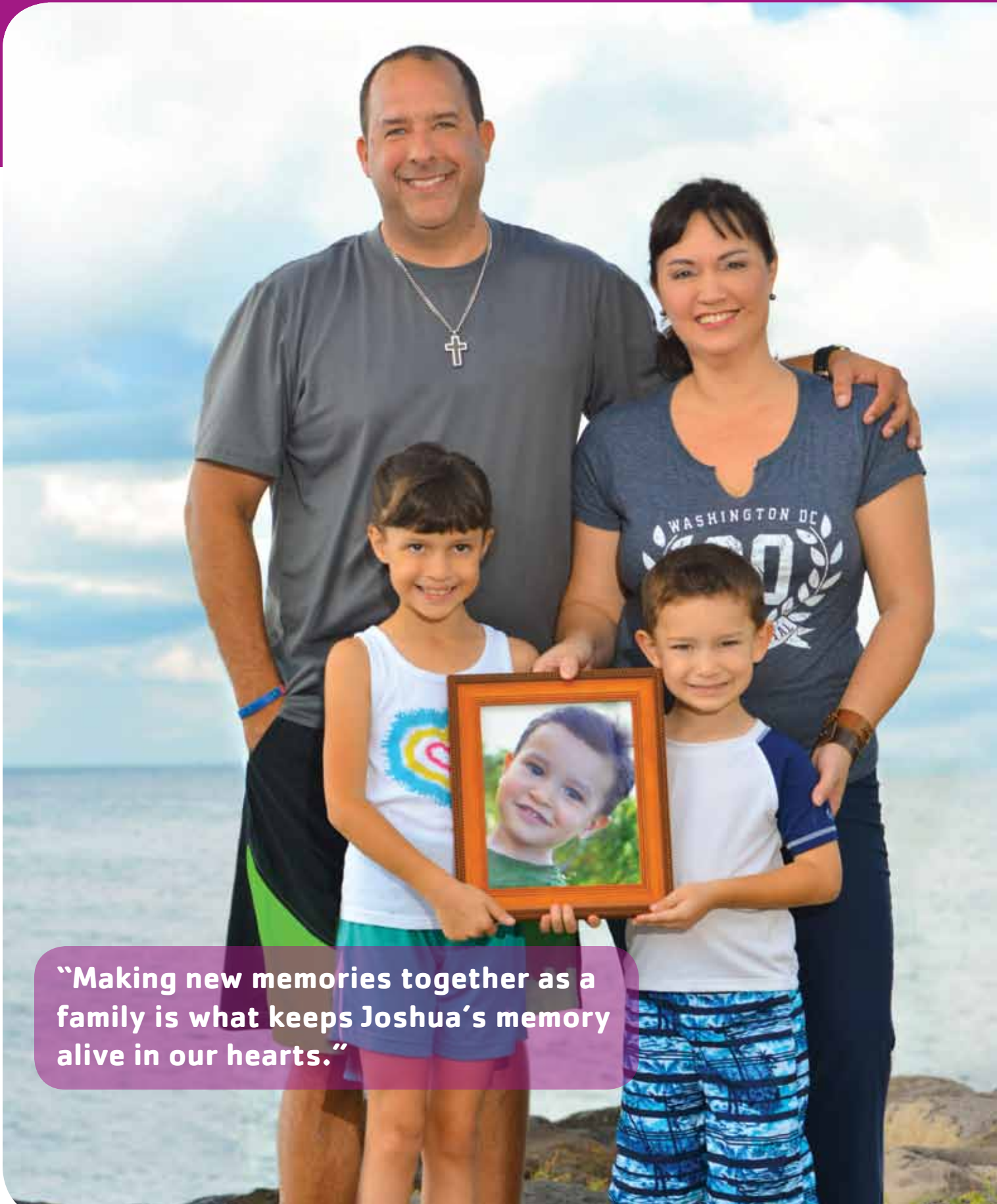
These are spinets of memories from their first trip.

The trip was especially meaningful for the family because they were experiencing a poignant time. Erica and Max's three-year old son, Joshua, passed away in 2009 due to complications from the H1N1 flu virus. Makayla was only a year old when she lost her older brother and the hearts of everyone in the family were still heavy.

The joy the family experienced while camping was long overdue and the photographs capture it beautifully. Erica looks at them when she's having a bad day because they make her smile. "I think of how even in the midst of hardship and adversity, there are so many things we can still be thankful for in our lives," she says.



The family is grateful for the kindness and support they received from the YMCA and Camp Erdman. They found strength and healing through their experience at Camp Erdman. "Making new memories together as a family is what keeps Joshua's memory alive in our hearts."



“Making new memories together as a family is what keeps Joshua’s memory alive in our hearts.”

A Bright Spot of Support



Single mom Ramona admits to making some bad choices in her life that resulted in homelessness. But Ramona was determined to make a better life for her son Makana. Raising her son Makana in a one-bedroom apartment, Ramona struggled to pay for her rent, their food and other bills.

But the bright spot occurred when she discovered that the Nuʻuanu YMCA offered financial assistance for school intersession and summer programs—giving her the peace of mind that Makana, who was 7 at the time, was in a safe place with skilled, trusted, caring and knowledgeable staff members. It also gave her joy knowing that Makana now had the opportunity to do things she never thought she would be able to provide him – horseback riding, fishing, developing friendships with other children and finding acceptance and confidence in himself.

It also gave her the time and confidence to focus on herself where she enrolled at the Hawaiʻi Medical College and 18 months later, graduated with a Clinical Medical Assistant Certificate. Today, Makana is 9 years old and this past summer spent a week at Camp Erdman thanks to financial assistance. “I would like to thank you, YMCA of Honolulu, for offering my ʻohana this opportunity! This has truly made a difference in Makana’s and my life! May God bless each and every one of you for your giving hearts!”





“I would like to thank you, YMCA of Honolulu for offering my `ohana this opportunity!”

IMPACT IN 2015

114,017

Children, Adults and Seniors were helped by a Y program.

\$750,375

Provided in financial assistance for memberships, youth programs and Camp Erdman.

670

Children were given free swim lessons.

4,519

Children kept healthy and active at Y Summer Day Camps.

46,988

Free meals were served so children didn't go hungry during their school breaks.

99

Low-Income Seniors found health and happiness through free memberships at the Y.



6,659

Children thrived in Y A+ After-School Programs.

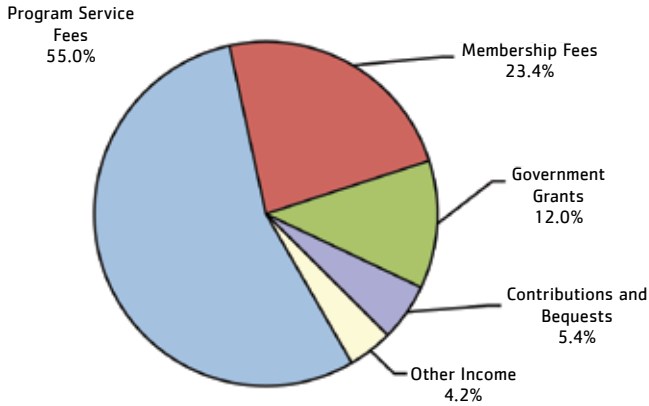
8,953

Children found new friends, experiences and confidence at overnight camps at Camp Erdman.

1,341

Teens moved beyond their substance abuse and towards a brighter future.

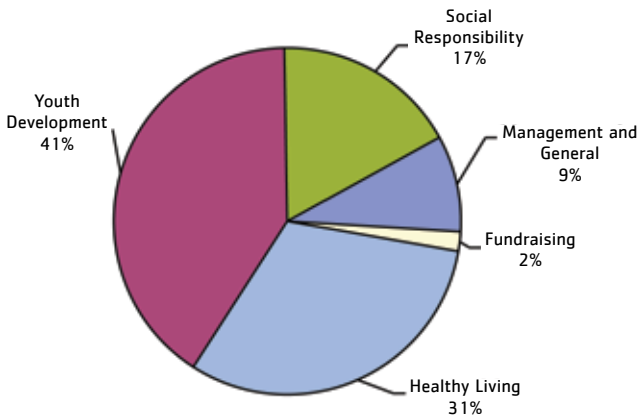
2015 Financial Information



2015 Operating Revenue and Support

(Figures are unaudited)

Program Service Fees	\$15,145,900
Membership Fees	6,458,600
Government Grants	3,317,900
Contributions and Bequests	1,493,400
Other Income	1,165,200
Total Operating Revenue & Support	\$27,581,000



2015 Operating Expenses

(Figures are unaudited)

Healthy Living	\$8,383,400
Youth Development	10,870,500
Social Responsibility	4,609,500
Management and General	2,406,400
Fundraising	487,100
Total Operating Expenses	\$26,756,900

December 31 - All Funds

2015

(Figures are unaudited)

Assets

Cash and cash equivalents	\$ 4,322,300
Accounts receivable, net	1,526,700
Prepaid expenses	570,100
Inventory	40,100
Investments	9,778,000
Land, buildings, and equipment	31,695,300

Total assets

\$ 47,932,500

Liabilities and Net Assets

Liabilities:

Accounts payable and accrued expenses	\$ 1,508,600
Deferred revenues	2,623,400
Debt	-
Other liabilities	275,100

Total liabilities

4,407,100

Total net assets

43,525,400

Total liabilities and net assets

\$ 47,932,500





Heritage Club 2015

The Heritage Club is a group of generous donors committed to ensuring the continued influence of the YMCA on future generations of youth and families through planned gifts to the YMCA Endowment. Planned gifts include, but are not limited to, bequests, insurance designations and charitable gift annuities. If you are interested in joining the Heritage Club, please contact Kerri Van Duyne, Vice President of Development, at 808-541-5473 or by email at kvanduyne@ymcahonolulu.org.

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Tribute Gifts 2015



The list of Tribute Gifts covers January 1 – December 31, 2015. Every effort has been made to ensure the accuracy of this list. However, if you find an error, please accept our apology and notify us at 808-541-5483 so we may correct our records immediately.

Honor Gifts

These gifts pay tribute to the individuals for whom a donation has been made.

In honor of	Cassidy Inamasu and the Youth and Government Program	C. Kent Coarsey and Rev. Amy Wake
In honor of	Donna and Todd, instructors at Kaimuki	Phyllis Frus
In honor of	Eleanor Nordyke	Liberty Tandaguen
In honor of	Eleanor C. Nordyke and Ralph Cole	Aimee Grace
In honor of	Jackie Wu	Alice and Rob Roberts / Mermaids Hawaii
In honor of	Michael Broderick	Chris And Melissa Ching Benjamin Family Fund

Memorial Gifts

A memorial gift is a beautiful testament to the life of a loved one. In 2015, the following contributions were received in tribute.

In Memory of	Alicia Moreno	Suzanne E. and Douglas K. Kim
In Memory of	Ed Toma	Sabrina Toma and Cedric Akau
In Memory of	John Sato	Milton Zane
In Memory of	Mitsuo Tsukano	Kazumi H. Tsukano
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In Memory of	Theodore N. Kimura	Theodore N. Kimura Revocable Living Trust

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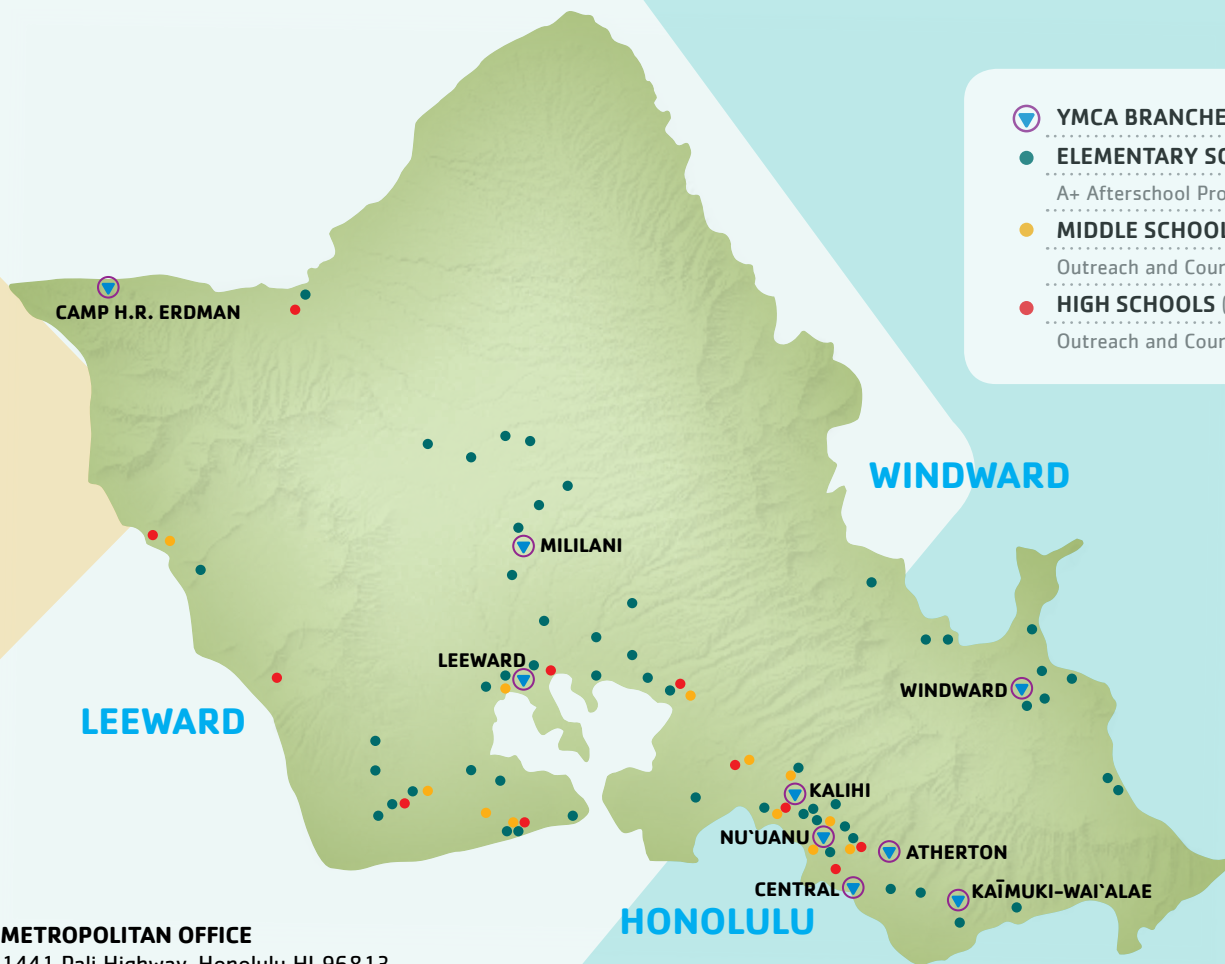
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