



SWIM LESSONS – All Ages

Session January–March 2024

WINDWARD YMCA

Welcome Center:
808-261-0808

Aquatic Director: Morgan Brailo
Direct Number: 808-262-1489
mbrailo@ymcahonolulu.org

REGISTRATION

Register online at ymcahonolulu.org in advance before sessions begin. The Welcome Center is available to assist with questions or financial assistance.



Register:
bit.ly/3LS5R67

SWIM TEST

A swim test is required for all new students except for those entering into a Level 1 – Water Acclimation Stage (Pike or Jellyfish) or any Parent/Tot course. Swim tests are by appointment only and can be scheduled through the Aquatics Department. A swim test does not guarantee a space in the program. Spaces are available on a first come, first serve basis.



View Lesson
Selector:
bit.ly/38QnrsJ

CLASS TIMES & FEES

- Classes must be purchased in session packages as noted below.
- There are no makeups, credit or refunds for any reasons after the start date of the session.
- Financial assistance is available, please visit the Welcome Center for more information.

Group Lessons Must be purchased by session. The number of lessons per session vary from 3–12 depending on branch schedule format. See below for specific packages & schedules.		Rate Per Class	Member Rate Per Class
6 months to 12 years:	30-Minute Class	\$24.75	\$10
13 years +:	45-Minute Class	\$27.50	\$22
Private Swim Lessons: 5 Class Package 3 Years Old to Adults Must be purchased in 5-class packages, paid in full before the first day of instruction, are non-refundable and be completed with 35 days of registration. Member rates are not available. Registration forms are available at the Branch.		Rate Per 5-Class Package	
		30-Minute Classes	45-Minute Classes
Individual: Five Classes		\$240 (\$48 per class)	\$320 (\$64 per class)
Buddy (2 Students): Five 30-Minute Classes		\$350 (\$70 per class)	\$475 (\$95 per class)
Branch Private Lesson Schedule/Information Please email Morgan Brailo at mbrailo@ymcahonolulu.org or visit our Welcome Center to submit a request form. All requests are reviewed in the order they are received.			

Swim Team: Ages 6 to 18 Years Old Must be able swim 50 yards of Freestyle, Backstroke & Breaststroke. Payment is due by 1st of month.	Monthly Rate	Member Monthly Rate
COACH: [Kaela Silva], [808-262-1489], [ksilva@ymcahonolulu.org]	\$130	\$104
PRACTICE SCHEDULE: Monday/Wednesday/Friday [5pm-6pm], Saturday [8a-9a]		

SWIM STARTERS (Infants/Toddlers Accompanied By Parent/Guardian) Ages 6 Months to 35 Months					
PARENT/TOT – LEVELS A/WATER DISCOVERY and B/WATER EXPLORATION					
Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesdays/Thursdays	800a-830a; 830a-900a	2/1-2/29	N/A	\$180	\$222.75
Tuesdays/Thursdays	800a-830a; 830a-900a	3/5-3/28	3/26– Kuhio Day	\$140	\$173.25
Saturdays	940a-1010a; 11a-1130a	1/6-3/30	3/26– Spring Break	\$240	\$297

Ages 3 to 5 Years Old						
SWIM BASICS – LEVELS 1-3						
Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: PIKE	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297
2/WATER MOVMENT: EEL	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297
3/WATER STAMINA: RAY	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297

Ages 3 to 5 Years Old Cont.

SWIM STROKES – LEVEL 4

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: STARFISH	Monday	220p-250p; 340p-410p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	220p-250p; 340p-410p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	220p-250p; 340p-410p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	220p-250p; 340p-410p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	220p-250p; 340p-410p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	940a-1010a; 11a-1130a; 1135a-1205p	1/6/24-3/30-24	3/23	\$240	\$297

Ages 6 to 12 Years Old

SWIM BASICS – LEVELS 1-3

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
1/WATER ACCLIMATION: JELLYFISH	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
2/WATER MOVMENT: POLLIWOG	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
3/WATER STAMINA: GUPPY	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297

Ages 6 to 12 Years Old Cont.

SWIM STROKES – LEVEL 4-6

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
4/STROKE INTRODUCTION: MINNOW	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
5/STROKE DEVELOPMENT: FISH	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
6/STROKE MECHANICS: FLYING FISH	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297

Ages 6 to 12 Years Old Cont.

SWIM PATHWAYS – LEVEL 7-8

Stage/Level	Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
7/ ENDURANCE, SPORTS AND GAMES: SHARK	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297
8/AQUATIC CONDITIONING: PORPOISE	Monday	3p-330p; 420p-450p	1/8/24-3/25/24	1/15; 2/19; 3/18	\$180	\$222.75
	Tuesday	3p-330p; 420p-450p	1/9/24-3/12/24	N/A	\$200	\$247.50
	Wednesday	3p-330p; 420p-450p	1/10/24-3/27/24	3/20	\$220	\$272.25
	Thursday	3p-330p; 420p-450p	1/11/24-3/28/24	3/21	\$220	\$272.25
	Friday	3p-330p; 420p-450p	1/12/24-3/29/24	3/22	\$220	\$272.25
	Saturday	9a-930a; 1020-1050a	1/6/24-3/30-24	3/23	\$240	\$297

TEEN/ADULT SWIM

Ages 13 Years Old+

Days	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
Tuesdays/ Thursdays	6pm-645pm	1/9-1/30	N/A	\$154	\$192.50
Tuesdays/ Thursdays	6pm-645pm	2/1-2/29	N/A	\$198	\$247.50
Tuesdays/ Thursdays	6pm-645pm	3/5-3/28	3/26– Kuhio Day	\$154	\$192.50

SWIM TEAM

Ages 6-18



Month	Times	Session Dates	No Swim Dates	Member Fee	Non-Member Fee
January	5pm-6pm (M/W/F) 8a-9a (Sat)	1/6-1/31	1/15– MLK Jr Day	\$104	\$130
February	5pm-6pm (M/W/F) 8a-9a (Sat)	2/2-2/28	2/19– President's Day	\$104	\$130
March	5pm-6pm (M/W/F) 8a-9a (Sat)	3/1-3/27	3/18-3/23– Spring Break	\$104	\$130